## How Japanese people Enjoy"Kei-tai"Life : From Time Use Survey Results

Sachiko NAKANO

NHK Broadcasting Culture Research Institute

## Abstracts

- The tendency to use mobile phones to exchange Email rather than to access websites
- The close link between use of mobile phones and all aspects of their lives among young people
- The possibility for the communication on mobile phones to impact on the use of mass media


## Outline of the IT Media Time Use Survey

- Survey Days : October 21(Sunday) and 22(Monday) in 2001
- People covered : A nationwide total of 3,600 people( aged 10-69 )
- Survey Method : The questionnaire distributioncollection method
- Number of Effective sumples ( Response rate ) :

2,649 people ( $73.6 \%$ )

## Activities covered in the survey

- Sleep, Personal Chores, Meals
- Commuting, Work-related, Schoolwork, Housework, Social Obligations
- Conversing with family, Conversing with friends, Leisure Activities
- Television, Radio, Newspapers/Magazines/Books, CDs/Tapes, Video, Video Games
- Rest


## Use of PC and mobile phone

(1) Websites ( PC )
(2) E-mail ( PC )
(3) Other ( PC )
(4) Websites ( Mobile Phone)
(5) E-mail (Mobile Phone)
(6) Calls ( Mobile Phone )

## Use of PC and mobile phone

(1) Websites ( PC )
(2) E-mail ( PC )
(3) Other ( PC )
(4) Websites ( Mobile Phone )
(5) E-mail ( Mobile Phone)
(6) Calls ( Mobile Phone )

## Use of PC and mobile phone

(1) Websites ( PC )
(2) E-mail ( PC )
(3) Other ( PC )
(4) Websites ( Mobile Phone )
(5) E-mail ( Mobile Phone )
(6) Calls ( Mobile Phone )

## Use of PC and mobile phone

(1) Websites ( PC )
(2) E-mail (PC )
(3) Other ( PC )
(4) Websites ( Mobile Phone )
(5) E-mail ( Mobile Phone)
(6) Calls ( Mobile Phone)

## Use of PC and mobile phone

(1) Websites ( PC )
(2) E-mail (PC )
(3) Other ( PC )
(4) Websites ( Mobile Phone )
(5) E-mail ( Mobile Phone )
(6) Calls ( Mobile Phone )

## Ratio of people using mobile phone / Time spent using mobile phone

|  |  | Monday |  |  | Sunday |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Ratio of | Average | Average time | Ratio of | Average | Average time |
|  |  | people tit |  | for total population | people | time | for total population |
|  |  | \%hours/min. |  | hours/min. |  |  |  |
| Mobile | Phone | 33 | 1:00 | 0:20 | 34 | 0:59 | 0:20 |
|  | Websites | 3 | 0:28 | 0:01 | 3 | 0:37 | 0:01 |
| Activity | E-mail | 16 | 0:54 | 0:09 | 17 | 0:58 | 0:10 |
|  | Calls | 23 | 0:44 | 0:10 | 25 | 0:37 | 0:09 |

## Ratio of people and Time for using mobile phone for calls



## Ratio of people and Time for using mobile phone for E-mail



## Individuals to whom E-mail were exchanged (the amount of time)

$\square$ Fam ily $\square$ Friends $\square W$ ork-related persons $\square 0$ ther

< On PC >


## Media Use (National Total on Monday)



## Use of mobile phones in conjunction with other activities amongst people aged 10-29 (on Monday)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Hours |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 10-29yrs | 0 | 1 | 2 | 2 | 3 | 4 | 5 | 6 | 6 | 7 | 8 | 9 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |  |
| Conversing with friends |  |  |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  |  |
| Meals |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Commuting |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | - |  |  |  |  |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Work |  |  |  |  |  |  |  |  |  |  |  |  |  | $\cdots$ |  |  |  |  | - |  |  |  |  |  |  |  |  |
| Schoolwork |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  |  |  |
|  | , |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Watching TV |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Listening to CDs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | - | - |  | ab | ve | 2\% |  |  |  | ) | a | bove | 4\% |  |  | ) | abov | e 6\% | \% of | the r | atio | f pe | ople |  |  |

## Uses of the Internet by people aged 10-39 <br> (Multiple answers)



## Ratio of people aged 10-39 who used E-mail for the following Activities



## Conclusion

- Using mobile phones to exchange E-mail is a very popular activity amongst Japanese youngsters.
- And they use mobile phones throughout the day in all situations.


## Conclusion

- So, we can consider the personal communication space built by the mobile phone to occupy part of the young person's predominant media channel.
- This viewpoint suggests considerable changes in the structures of media use.

